

Cathy's Quick Culinary Picks

There are hundreds of restaurants in the Emmanuel College area. These are only a few of our favourites. All are listed within walking distance of the landmark, Royal Ontario Museum, across the street from the College.

Over Easy – 208 Bloor Street W
Open 7 am - 4 pm daily
1 min walk from Royal Ontario Museum
Vegetarian options available
info@overeasyrestaurants.com

Breakfast doesn't get any better... Sorry, Mom, but this is the best French toast to have passed my lips, ever. -Toronto Sun

Carole's Cheesecake Café - 114 Cumberland Street
Open 8 am – 6 pm daily
7 min walk from Royal Ontario Museum

Allergy aware, gluten free, and vegetarian options available
<https://www.zomato.com/toronto/caroles-cheesecake-cafe-yorkville/menu#tabtop>

A hidden gem, this café is usually a quiet spot much appreciated by the locals. Carol's offers a huge selection including soups, salads and sandwiches, and of course cakes and desserts.
The owner is very nice and they are really very careful for people with food sensitivities.

Hemingways - 142 Cumberland St
Open 11 am – 2.00 am daily
6 min walk from Royal Ontario Museum

Gluten free, vegan and vegetarian options available
http://hemingways.to/wp-content/uploads/2017/12/food_menu-dec_2017_v2-1.pdf

Hemingway's, a Yorkville mainstay, boasts 3 bars and 4 patios with heaters for your comfort all winter! A great place to meet for a glass of wine, good conversation and a bite to eat. A favourite of the Conference planning committee!

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Hart House GalleryGrill – 7 Hart House Circle

Open Mon.–Fri., 11:30 am–1:30 pm; Sundays, 11 am–1:30 pm

7 min walk from Royal Ontario Museum

Vegetarian options available.

harthouse.ca/gallery-grill

Enjoy a casual drink by the fireplace in the lounge or secure a table with a view of the sculpture garden in Hart House's Quadrangle. Or if you're short on time, pop by for an espresso and fresh pastry at the Hart House Cafe.

Potbelly Sandwich Shop – 180 Bloor Street W

Open Mon – Fri 7 am - 9.00 pm, Sat 11.00 – 9.00, Sun 11.00 – 6.00

1 min walk from Royal Ontario Museum

Gluten free and vegetarian options available.

potbelly.ca

Customers are treated like family while they enjoy delicious warm toasty sandwiches, amazing salads, soups and chili. Nothing beats finishing it all off with one (or two!) freshly baked cookies (my favourites) or hand scooped milkshakes. You can even order beer or cider to enjoy with your meal.

New Yorker Deli – 1140 Bay Street

Open 7.30 am – 9.00 pm Sat. 9am- 8 pm

9 min walk from Royal Ontario Museum

Vegetarian options available

www.zomato.com

This is a good place that is reasonably priced with a wide variety of meals, casual and within easy walking distance of all the attractions of Bloor and Yorkville. Try it, I am sure you'll enjoy and go again

Planta – 1221 Bay Street

Open 11.30- 3.00, 5.00

9 min walk from Royal Ontario Museum

Vegetarian and vegan options

plantarestaurants.com

Omnivores and carnivores alike rave about this place. Specializing in delicious plant based dining options According to our own Beth Kaplan, "Planta is tres Toronto chic."

Grab a quick Coffee or Snack

Starbucks

150 Bloor St. W; 3 min walk

1 Bedford Avenue; 4 min walk

Tim Hortons

246 Bloor St W; 3 min walk

1170 Bay St; 8 min walk

C23-50 Bloor St W 9 min walk

Prairie Girl Cup Cakes

150 Bloor St. W; 3 min walk

Nespresso Boutique

159 Cumberland St; 4 min walk

Things to See and Do

Royal Ontario Museum – 100 Queens Park · (416) 586-8000

Opens at 10.00am daily

The ROM is a museum of art, world culture and natural history. It is one of the largest museums in North America, and the largest in Canada. The Evidence Room, currently on exhibit is a stunning examination of the chilling role architecture played in constructing Auschwitz.

AGO – Art Gallery of Ontario – 317 Dundas Street W. (416) 979-6648

Opens at 10.30 am daily

With a collection of more than 90000 works of art, the **Art Gallery of Ontario** is among the most distinguished art museums in North America.

Philosophers Walk – runs north south between Bloor and Hoskins. Enter via the Alexandra Gates on Bloor Street, behind the ROM. Philosopher's Walk is a meandering path that borders the back of Trinity College. There is also an amphitheater, and many benches around for people to meet up, chat, or enjoy their lunches while observing squirrels and sparrows that pass by.

Gardiner Museum – 111 Queens Park · (416) 586-8080

Opens at 10.00 am daily

Besides exhibits, this ceramics museum offers classes, lectures & tours, plus a bistro & gift shop.

Bata Shoe Museum - 327 Bloor St W · (416) 979-7799

Opens at 10.00 am daily

The museum collects, researches, preserves, and exhibits footwear from around the world.

Getting Around Toronto

Arriving from the Airport and getting to Union Station - UP Express train departs from both Union Station and Toronto Pearson International Airport every 15 minutes. Your journey takes just 25 minutes; it's the swiftest and most reliable way to travel.

Located in Terminal 1, directly adjacent to the Link Train service linking Terminals 1 and 3, the UP Express Pearson Station service counter is in the International Arrivals hall of Terminal 1. Tickets can be bought in advance online, at GO stations and also purchased using PRESTO cards. A return ticket from the airport to Union Station is \$24.70.

Subway - Arriving from the airport, UP Express, follow signs to TTC Union station/subway

From Union Station it is a quick 15 min subway ride to Emmanuel College. Take the 1 Line, University Line North getting off at Museum. The TTC exit is right outside Emmanuel College.

Rocket airport bus. Located in Terminal 1, Ground Level, second curb, Column R4. Or Terminal 3, Arrivals Level, third curb, Column C12.

The bus drops you at the Kipling Station end of the TTC subway. Take the subway to St. George. Transfer to the University line south. Get off at Museum. Or get off at St George's and walk down Bloor, past the ROM, to the corner of Bloor and University, turn right to Emmanuel, less than a km. Takes about 1/2 hour and costs about \$3.

Tickets & Passes

Paper tickets can be used, but it is cheaper and more convenient to travel on a PRESTO card: \$2.90 a ride. Paper tickets to anywhere on the TTC subway, streetcar and bus network cost adult/child \$3.25/free. Paper tickets are gradually being phased out in favour of PRESTO cards, and by about mid-2017 will no longer be in use.

PRESTO Card

- The PRESTO card (www.prestocard.ca) is a smart card on which you can store credit toward prepay fares (and some passes outside of Toronto). They are valid

across the whole Toronto Transit Corporation (TTC) light rail network, all downtown subway stations and the entire GO Transit/Train network.

- You can buy and top-up PRESTO cards from credit card–only machines at subway stations or also with cash from GO stations, such as at Union Station.

Paper Tickets

- Paper-only day passes (\$12) give you unlimited travel on the entire TTC network. They are good value if you plan on making four or more rides; and they are excellent value on weekends, when up to two adults and four youths (19 years and under) can use one pass. Purchase them at TTC stations and some convenience stores.

Transfers

- You can transfer from one form of TTC transit to another for free using your PRESTO card, paper streetcar/bus ticket or by collecting a transfer ticket from automated dispensers near subway exits. You must be joining a connecting service in the same direction. Exact change is required for streetcars and buses.

Electronic Passes

- Electronic day and group passes can be purchased on the TTCconnect app (www.ttc.ca/connect), which is especially convenient if you have no cash and need to take a streetcar or bus. You must show the pass on your phone on each ride – a flat battery might strand you!